

The Difference between Secondary Education Students Playing Sports and the Academic Success Motivation

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ABSTRACT The purpose of this study is to investigate the connection between doing exercise and academic success motivation of secondary school students. The study is conducted with a random of 541 secondary school students who were taught in Kyrgyzstan and the Northern Cyprus in the 2013-2014 academic years. At the end of the research, it has been determined that there is no relationship between the students' external-internal motivations and their genders, although a relationship has been detected regarding the lack of motivation between male and female students – Another meaningful data found from the study is the statistical relationship between the exercise levels of students' carried out in their free time and its academic motivation effect. To sum up, students who do exercise have better academic motivation than the ones who do not do exercise.