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Dietary Status among Jenu Kuruba and Yerava Tribal Children of Mysore District, Karnataka

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ABSTRACT The present study was undertaken to evaluate the dietary status of 6+ to 10+ year children of Jenu Kuruba (n=176) and Yerava (n=161) tribal children representing three taluks of Mysore district, Karnataka State. Findings of dietary habits were recorded through interview schedule and a survey was conducted using 24 hour recall method. The study reveals that the percentage of adequacy in energy and protein intake among both the tribal group children was more or less same and below the respective RDAs. Intake of calcium, iron and beta-carotene are varied from age differential. Consumption of calcium rich food was more among Jenu Kuruba than Yerava children.