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Effects of Occupational Exposure to Whole-Body Vibration in Tractor Drivers with Low Back Pain in Punjab

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ABSTRACT The present study deals with the severity of low back pain in 169 male tractor drivers from Ludhiana, Punjab, India, aged 21- 60 years. Of these 169 tractor drivers, a total of 29 (17.16%) had reported their complications regarding low back pain and the rest 140 (82.84%) had no complications for their back pain. To assess the severity of pain, the modified Oswestry Pain Questionnaire was used. The findings of the present study indicate a gradual increase of pain scores with the increased exposure to whole-body vibration with the increase of age.