

Comparison of Anthropometric Characteristics and Blood Pressure Phenotypes between Pre-and Post-menopausal Punjabi Women

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KEYWORDS Menopause. Blood Pressure. Anthropometric Measurement. Punjabi Women.

ABSTRACT The association between blood pressure phenotypes and menopause with respect to certain other metric variables were examined in a random sample of 489 pre- and 191 post-menopausal Punjabi women. Post-menopausal women had a higher blood pressure and pulse rate than pre-menopausal women (<0.001). The metric measurements such as weight, BMI, waist and hip circumferences, WHR were also higher in post-menopausal women (<0.001). In addition to that estimates of correlation and stepwise multiple regressions for blood pressure with other metric variables among pre- and post-menopausal women have been carried out.