

Nutritional Status of Girls Studying in a Government School in Jaipur City as Determined by Anthropometry

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KEYWORDS Anthropometry. Nutritional Status. Girls. Malnutrition

ABSTRACT The nutritional status of 142 children in the age group of 10 to 15 years studying in a government school in Jaipur city was determined through anthropometry. Data on weights and heights of girls were collected using standardized techniques. The results revealed that the weights and heights of these children were below those of their well-to-do Indian counterparts. As regards weight for age criterion, only 28.2 % subjects were in the normal category and the percentage of subjects suffering from Grade I (28.2%), Grade II (26.1 %), Grade III (14.8%) and Grade IV (2.8%) malnutrition was quite considerable. With respect to height for age criterion, 63.4% of the subjects could be placed in the normal category, 35.9% had mild retardation and about 1% had poor status.