

A Comparative Appraisal of Quality of Life (QOL) of Aged Living with Sons and Living with Daughters

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ABSTRACT The present study was undertaken during 2006 for a comparative appraisal of quality of life of aged (65 years and above) living under two support systems, i.e. living with sons and living with daughters. The study was based upon the sample of 200 subjects from Ludhiana city, equally drawn from the two support systems. The sample drawn from each support system was further subdivided into two socio-economic groups which were further subdivided over two sexes. A Quality of Life Profile, Senior's version prepared and published by Quality of Life Research Unit, University of Toronto, Canada (2000) was administered for comparative appraisal of Quality of Life (QOL) of the subjects under selected support systems. The results revealed significant differences in the quality of life of aged living under the two support systems. It was found that the aged living with sons had better Quality of Life. Also, the aged were found to have lower QOL for the other support system i.e. "Living with daughters". Co-residence with sons was found to be the foremost choice of the aged irrespective of age, sex, marital status and education.