

Onset Age of Menopause Among Women in Kangra District of Himachal Pradesh

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ABSTRACT The present study was conducted in Bhawarna and Panchrukhi blocks of Kangra district of Himachal Pradesh. 120 respondents (females) were randomly selected from these blocks. Door to door, survey was conducted to get desired information from the respondents. The data were collected through self-designed interview schedule and then analyzed in terms of mean and percentages. The findings indicate that the mean age at menopause is 44.6 years with majority of women having menopause between the ages of 41 to 45 years.