

Age Changes in Biological Variables among High Altitude Bodh Males of Lahaul Tehsil, Lahaul-Spiti District, Himachal Pradesh, India

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ABSTRACT In the present paper an attempt has been made to analyse the age changes of biological variable among high altitude Bodh males of Lahaul Tehsil. Lahaul-Spiti District of Himachal Pradesh (India). For this study cross-sectional data of 489 apparently healthy Bodh males in the age between 11 and 40 years have been collected to assess the patterns of growth in terms of “magnitude” and “rate” for 14 anthropometric and 5 physiological variables. The regression equations have been formulated for the prediction of respiratory functions for anthropometric and haematological variables. The differences in the patterns of growth and respiratory functions are discussed considering the results of other reports on this topic.