

Self Esteem among Rural Adolescent Girls in Kangra District of Himachal Pradesh

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ABSTRACT The present study has been conducted with an aim to know the self-esteem of adolescent girls and the factors affecting in Kangra District of Himachal Pradesh. A total sample of 112 school going girls in the age range of 14 to 19 years were selected from five villages of Kangra district. Self esteem was measured through self esteem scale and the means and percentages were calculated. Results indicated that majority of the girls had average scores of self-esteem with an average of 83.56. Self-esteem scores were found to be positively correlated with the educational status of the girls. The analysis also revealed that the family type of girls affected the scores of self-esteem.