

Parents Attitude Towards Imparting Sex Education to Their Adolescent Girls

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ABSTRACT To study the Attitude of Parents of Adolescents towards imparting Sex Education the present study was undertaken. The sample of the study consists of 200 parents (100 urban and 100 rural areas of Jammu) of adolescent girls. A random sampling technique was used to select the sample. Interview Schedule was used to collect the data. Results of the study revealed that these mothers were reluctant to talk about sex education to their daughter as they found it embarrassing to discuss these issues. Generally, they avoid any mention to sex in their day-to-day relationships with their children. Also sex is still considered as a taboo subject in our Indian society. Another reason is because parents themselves lack scientific knowledge about it. Adolescents need to be taught about this topic since ignorance perpetuates myths and mis-belief.