

Clinical Assessment of Health and Nutritional Status of Scheduled Caste Preschool Children of Amritsar

M. Uppal, K. Kumari* and S. Sidhu

Department of Human Genetics, Guru Nanak Dev University, Amritsar, Punjab, India

**Department of Physiology, Govt. Medical College, Amritsar, Punjab, India*

KEYWORDS Scheduled Caste Children. Nutritional Status. Undernutrition. Punjab.

ABSTRACT Health and nutritional status of Scheduled Caste preschool children of Amritsar district of Punjab was studied with the help of clinical examination, and height and weight measurements. A total of 1,000 children (528 boys and 472 girls) formed the study group. With clinical symptoms, the prevalence of various deficiencies was estimated. With measurements of height and weight, the prevalence of undernutrition was also determined. A close proximation was observed in the appearance of deficiency symptoms and undernutrition between boys and girls, depicting their poor state of health and nutrition.