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Assessment of Malnutrition in Punjabi Urban Males According to Body Mass Index (BMI) and Weight for Height Criteria

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KEY WORDS Malnutrition. Punjabi Urban Males. Body Mass Index. Weight for Height.

ABSTRACT A total of 1044 Punjabi urban males were investigated during October 2000 for the assessment of malnutrition using BMI and weight for height index. Following WHO criteria for BMI, 60.62% of the males are found to be underweight, 38.02% are within normal ranges and only 1.34% are overweight. Frequency of malnutrition in the present sample is decreasing with increasing age according to weight for height criteria given by Jelliffe.

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