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A Cross-sectional Growth Study of Adolescent Assamese and Bengali Kayastha Girls of Guwahati

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ABSTRACT A cross sectional study of physical growth of 453 subjects comprising of 230 Assamese Kayastha girls and 223 Bengali Kayastha girls, aged 10 – 16 of Guwahati city was conducted in order to evaluate the body size of the girls and to examine the body dimensions in relation to the age. The study reveals a higher percentage of taller and heavier girls among the Assamese Kayasthas than among the Bengali Kayasthas.