

Identifying Drudgery Prone Home Activities in Rural Areas of Upper Brahmaputra Valley Zone of Assam

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ABSTRACT A study was conducted in Upper Brahmaputra Valley Zone of Assam on a sample of 500 rural women to identify drudgery prone household activities performed by rural women. Personal and demographic characteristics of rural women revealed that majority of respondents (55per cent) belonged to a young age group, that is, between 20-30 years. Most of them (78%) were literate. It was observed that majority of the respondents performed the precooking activity like bringing firewood and cutting vegetables daily. Among the household activities, occasional activities such as pounding of rice, de-husking etc. required more time followed by child care and cooking. Time requirements for all landholding categories were almost same. Time spent in leisure time activities increased with increase in landholding possession except for large landholding. Fetching water was the maximum drudgery prone home household activity for all the landholdings categories followed by cooking, cutting and bringing fuel-wood and mopping based on Drudgery Index.