

Correlates of Marital Adjustment among Married Persons in Delta State of Nigeria

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ABSTRACT This study examined the extent to which variables of emotional expression, communication flow, financial management and work involvement can predict marital adjustment among married persons in Delta state, Nigeria. Two hypotheses were formulated to guide the study. 2561 married persons were used to select a sample size of purposeful sampling technique. Data were gathered using a questionnaire titled "Marital Adjustment and Personality Types Inventory (MAPTI). It has reliability of .90. The analysis of the data generated from the respondents revealed that emotional expression, financial management, communication flow, work involvement are significant correlates and predictors of marital adjustment. Consequently, it was recommended that counselling services should focus on acquisition of skills for the general improvement of marital interaction among married persons.