

Counseling of Youth: A Study in Sri Venkateswara University, Tirupati

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KEYWORDS Youth. Counseling. Life Skill Development. Personality Development. Stress Management

ABSTRACT A Youth Counseling Centre was formed in the Department of Population Studies and Social Work. The purpose of the center was to provide information on the need for counseling for the personal and academic problems of students. This centre had arranged meetings of the students of S.V. University colleges in their Departments. A trained counselor was appointed to counsel the students. The counselor has exposed the students about various personal problems faced by students and remedies to overcome those problems. A questionnaire was given to the students to get a feedback and to assess their personal needs – academic and personal. The students were encouraged to come for counseling for their individual problems, if any in the Department of Population Studies. The students have listed out several problems in the questionnaire. Several students have approached the department for personal counseling in matters of Life Skill Development, Personality development, Stress management and Career planning etc. The findings of the individual questionnaire and personal counseling are discussed in the paper.