

Impact of Work and Environment on Women Living in Urban Slums of Jammu City

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ABSTRACT This paper reports a study of Impact of Work and Environment on the Women living in slum areas of Jammu City. The sample for the study consisted of 100 working women from four different slum areas of Jammu City. The results revealed that there is a strong relationship between women's work lives and health. Lack of education, compelled women to join low paid sectors. Apart from the general hardships living in an area with a poor environment, Women of slum areas suffered from many disadvantages, they faced a heavier work burden because employment did not free them from responsibility of housework. The dual task (paid and unpaid jobs) and the poor environment became more demanding on the health of the women and the women experienced weakness, fatigue, breathlessness, poor appetite, and frequent illnesses.