

Malnutrition in Women

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ABSTRACT Malnutrition results from imbalance between the needs of the body's and the intake of nutrients. In India, gender inequality in nutrition is present from infancy to adulthood. Women never reach their full growth potential due to nutritional deprivation. Malnutrition in women is related to poverty, lack of development, lack of awareness and illiteracy. In the present study, percentage wise malnourished females are 25.2% as compared to males (20.2%). A wide variety of development actions are needed to improve their food security and nutrition of women.