

PRINT: ISSN 0973-5070 ONLINE: ISSN 2456-6772

STUDIES ON **ETHNO-MEDICINE**

© SEM 2022

Ethno Med, 16(3-4): 78-89 (2022)

PRINT: ISSN 0973-5070 ONLINE: ISSN 2456-6772

DOI: 10.31901/24566772.2022/16.3-4.643

Experimental Effects of Dohsa-Hou Therapy on Adaptive Behavior of Children's Autism

Anh Thi Tram Nguyen¹, Dung My Le^{1*}, Hoang Van Ha¹, Hoai Thi Nhu Phan²
and Phuong Thi Hang Nguyen¹

¹*Faculty of Psychology and Education, The University of Danang - University of Science and
Education, Danang City, Vietnam*

²*Hoa Xuong Rong Early Intervention and Inclusive Education Support Center,
Danang, Vietnam*

KEYWORDS Adaptive Behaviour. Autism Spectrum Disorder. Dohsa-Hou Therapy. Psychological Intervention.
Psychological Experimentation

ABSTRACT This paper examines the effects of Dohsa-hou therapy on adaptive behaviors in autistic children using a case study of a child with poor adaptive behavior. The Vineland II test was chosen to evaluate the results of the six-month study program. The child's handicap patterns determine specific Dohsa-hou exercises. The results of the experiments show a statistically significant change in the condition. Based on the previous data, the researchers concluded that Dohsa-hou therapy influences adaptive behavior in children with ASD. The study found that ratings for general adaptive behavior and most sub-domains improved from 1 to 5 points, indicating an overall improvement. Language and communication (receiving) sub-domains and everyday life skills have seen the most substantial gains in recent years.