

The Effectiveness of the Psychoeducational Effective Parenting Program Application on Symptoms of Psychoactive Substance Use

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ABSTRACT The main purpose of the study is to test the effectiveness of the Psychoeducational Effective Parenting Program Application on reducing the symptoms of the use of psychoactive substances. The research was carried out by the use of a pretest-posttest control group design-oriented experimental method. The experiment and control groups consist of families of students who have high levels of symptoms on the use of psychoactive substances. The research data was collected through interviews. A “Semi-Structured Interview Questionnaire” was used for teacher, director and family interviews in order to determine the students who use psychoactive substances and learn about their history of substance use and for the determination of psychoactive substance use levels of students, a “Structured Interview Questionnaire” was used. The data was grouped in pretest-posttest and follow-up test. Analyses were conducted in order to test the effectiveness of the Psychoeducational Effective Parenting Program Application between the individuals’ levels of having symptoms of psychoactive substance use at different times. The results show that the Psychoeducational Effective Parenting Program Application is effective on symptoms of psychoactive substance use.