

Social Costs and Benefits of Community Home Based Health Care (CHBHC) Delivery System in Roma Valley, Lesotho

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ABSTRACT. This study investigated the costs and benefits of community home-based caregivers in Roma Valley Lesotho. It made use of a population that consists of health professionals at St. Joseph hospital, village chiefs and caregivers in the villages, from where a sample size of 20 interviewees was selected to respond to the interviews. The study revealed mixed feelings of costs and benefits from this unique health care system on the care givers, the care recipients and the relatives of the care recipients. While the care givers are happy that they contribute to their society, their services also present some costs to them and their family. They experience challenges, which include disputes with their families due to non-remunerated work that they do. Emerging from the findings, this study suggests formulation of a social policy that will govern the system and other government's political and material supports to sustain the programme.