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The Role of Socio-cultural Factors and Parenting Practices on the Prevalence of Teenage Pregnancy in Vhembe District, Limpopo Province

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ABSTRACT This paper explores the role of socio-cultural factors and parenting practices on the prevalence of teenage pregnancy in Vhembe District, Limpopo Province. The qualitative approach was used to conduct the study. Purposive and snowball sampling methods and procedure were used to recruit participants. The participants were pregnant girls, parents of pregnant girls, teenage mothers, community leaders, and high school staff. Content data analysis was used to analyse the data and responses were grouped in accordance with their themes. The findings suggest that the teenage girls' social and cultural beliefs and norms and values on parenting practices negatively impacted on the prevalence of teenage pregnancy. The findings led to the conclusion that the prevention of teenage pregnancy is not prioritized in the parenting practices of the teenage girls. Therefore, pregnant girls and teenage mothers were products of their upbringing.