

Violence Against Women: Why Men and Women Should Unite

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ABSTRACT This paper looks at violence against women. The paper sees violence as illegal use of or application of force, threat or aggression to cause emotional, mental or physical pain, injury or degradation on person. Violence against women is also seen as a product of cultural and social norms that imbue men with power and authority over women. The paper identifies some forms of violence against women to include: domestic, sexual, psychological, and physical violence. The paper examines the consequences of violence against women to include: socio-economic, health, and civic consequences. The paper also looked at ways in which violence against women can be stopped, including orientation programmes through workshops, conferences, and mass media on understanding the psychology of women in order to improve male-female relationships. The paper concluded that there is need to pay attention to the causes and impacts of female discrimination and that gender diversity and main-streaming should be encouraged.