

A Study of Emotional Maturity of Adolescents with Respect to their Educational Settings

Chanda Rawat and Ritu Singh

***Deptt. of Human Development & Family Studies, G.B.P.U. A. & T., Pantnagar 263145,
Distt. U.S. Nagar, Uttarakhand, India***

KEYWORDS Coeducation. Emotional Stability. Independence. Non-coeducation. Social Adjustment

ABSTRACT The present paper assessed and compared the emotional maturity of adolescents from two different educational settings, viz. coeducation and non-coeducation. 160 adolescents from coeducation and 160 from non-coeducation schools were randomly selected from Uttarkashi and U.S Nagar districts of Uttarakhand as respondents for the present research. Self-designed socio-demographic questionnaire was used to study the socio-demographic characteristics of respondents and emotional maturity was assessed using standardized Emotional Maturity Scale. Z-test was employed to measure the statistical differences in emotional maturity of respondents across the two educational settings. Results revealed that adolescents from coeducational schools, in both the districts, were more emotionally progressive, socially adjusted and independent as compared to those studying in non-coeducational schools. The prominent reason for significant difference in emotional maturity across different educational setting was observed to be school gender composition, school climate and traditions, and confounding factors.