

An Inventory of Empirically Grounded Strategies to Enhance Caregiving in Botswana

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ABSTRACT The aim of this paper is to explore empirically grounded caregiving strategies with the aim of computing a caregiving inventory to enhance caregiving capacities in Botswana. The study used a qualitative paradigm with a qualitative design in the form of a case study that was descriptive and explorative in nature. Convenience sampling methodologies were used to select one hundred and forty primary caregivers for study inclusion, but with only eighty-two availing themselves for a total of ten focus group discussions, while in-depth interviews were conducted with four nurses and their coordinator. An inventory of strategies to enhance caregiving was recommended and included improving and increasing the civil society assistance, psychosocial support and community ownership, fundraising and donor support, training, the referral networks, income-generating projects, care respite avenues, incentives, establishment of hospices and undertaking periodic research to establish gaps in caregiving.