

## **The Provision of Employee Assistance Programmes in South African Football Clubs: A Case Study**

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**ABSTRACT** The aim of the study was to investigate the perceptions of football players on the provision of employee assistance programmes by a football club in South Africa. The study interviewed eight football players from a premier soccer club in South Africa. The study used interviews to collect data from the football players. The results of this study indicated that football clubs need to have employee assistance programmes for their players. Participants in this study reported that the football club did not provide adequate employee assistance programmes to deal with emotional, medical, insurance, investment, life skills and career development needs of employees. The results indicated that South African football clubs need to promote employee health and morale through the provision of employee assistance programmes. The findings of this study contribute to the rather under-researched area of employee assistance programmes in football clubs in South Africa.