

Marital Adjustment of Childless Couples

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ABSTRACT This study has been undertaken with a view to study the marital adjustment of those couples who are infertile. The sample of the study consisted of 30 childless women residing in urban areas of Jammu city and had marital duration of at least 10 years. Snowball sampling technique was adopted for sample selection. The tools used for the study were interview guide and Marital Adjustment Questionnaire. After analysis it was found that out of the total respondents, 77% were primary infertile, 10% had suffered experiences of pregnancy wastage and 13% were secondary infertile. It was found that before diagnosis of the problem 80% of the husbands had positive attitude but after diagnosis of the problem 20% of the husbands changed their attitude from positive to negative. Childlessness had great effect on the marital adjustment of the respondents and from the entire sample group it was found that different people have different styles for spending their leisure time. Women faced both physiological as well as psychological problems due to childlessness. The investigation of infertility may pose additional trauma, interfere intolerably with sex life and even erode the love a couple feel for each other. It was also found that with the increase in marital duration there was increase in marital adjustment.