

Personal, Situational and Socio-Cultural Factors as Correlates of Intimates Partner Abuse in Nigeria

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ABSTRACT This study investigated the relationships among personal, situational, and socio-cultural factors and intimate partner abuse among couples. A multiple regression statistical procedure was employed in analyzing the data collected from 200 participants randomly selected from five ministries in Ibadan, Oyo State, Nigeria. Results obtained indicated that the three variables when combined effectively predicted intimate partner abuse. Taken separately, situational and socio-cultural factors did not. On the basis of these findings it was suggested that counseling psychologists should design intervention strategies to promote life-skills training in schools and out-of-school settings. These include age-appropriate content on sexuality, conflict resolution, building healthy relationships and personal safety. Also it was suggested that couples should be educated on the long-term health and social consequences of physical and sexual abuse.