

**Social Work Interventions in the Prevention and Management of
Domestic Violence**

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ABSTRACT The paper examined the nature and causes of violence within the family. It also highlighted some of its effects on the individual victim, the family, the society and the nation. Among such consequences are physical injuries, poor health, general emotional distress, nightmares, phobia, low self esteem, poor marital relationships, broken homes and so on. The paper also discussed some social work interventions that can help in managing or preventing domestic violence or reducing its scourge in our societies. Such useful interventions include, crisis intervention, counselling, Psychotherapy, psycho-education and provision of adequate security for the victims. It is highly advocated in this paper that social workers and other care-givers should be more committed to solving the problems of victims of family violence. It is also suggested that the government and non-governmental organization should help in preventing or reducing the occurrence of domestic violence.