

**Men's Attitudes Towards Family Planning in a Traditional
Urban Centre: An Example from Ilorin, Nigeria**

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ABSTRACT This study focused on measuring men's attitudes towards family planning in a traditional urban set up with peculiarity of varied attributes. About 500 men aged 20 and above were randomly sampled within the traditional wards of Ilorin, Nigeria. The study revealed a lot of divergences as regards family planning among men. The level of awareness is vast among different zones in the city, while the transitional zone recorded a high performance level; the core and traditional zones are least in terms of acceptability. Multiple regressions indicated that the religion of the people, the existing family size and levels of education are the best predictors of the varied pattern of acceptability. Recommendations towards better effectiveness were duly presented.