

Migration and Magnitude of Psychological Distress

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KEYWORDS Psychological distress; migrant; local; labourer

ABSTRACT This study was conducted to assess the magnitude of psychological distress among migrant labourers. The study is based upon a sample of 240 labourers (18 years and above in age) drawn in equal numbers from four randomly selected villages and four cycle manufacturing units of Ludhiana district. The results revealed that migrant labourers had more psychological distress than the local labourers. The magnitude of psychological distress (inadequacy, anxiety, anger) was found to be significantly more in industrial sector and among migrants who had spent one year or less in Punjab.