

Parental Aspirations and Attitudes as Determinants of Academic Stress Among Adolescents

Ekta Sharma & S. Jaswal

Department of Human Development, Punjab Agricultural University, Ludhiana 141 004, Punjab, India

KEY WORDS: Academic Stress, Parental Aspirations, Parental Attitudes, Adolescents, Science Stream, Humanities Stream.

ABSTRACT The present investigation was undertaken to study the relationship of Academic Stress with parental aspirations and parental attitudes. Differences among boys and girls in science and humanities stream were studied with regard to academic stress and aspirations and attitudes of the parents of the adolescents. The sample of the study comprised of 120 students of both the sexes studying in twelfth grade in four selected senior secondary schools of Ludhiana city. The results revealed that science and humanities students do not differ significantly as far as academic stress is concerned. Parental aspirations were found to be similar for all adolescents irrespective of their stream of study or gender whereas parental attitude was found to be more positive towards the education of boys studying science as compared to girls.