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Spousal Communication, Changes in Partner Attitude and Contraceptive Use Among the Yorubas of Southwest Nigeria

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KEY WORDS: Attitude; decision-making; repro-duction; couples; counseling

ABSTRACT The paper highlights the relevance of spousal communication on male attitude towards their partners' contraceptive use. Data for the study were obtained from a survey carried out in three Oyo, Osun and Ondo states, mainly inhabited by the Yorubas. The results show that men have significant role to play in the adoption of contraception. Communication between husband and wife on reproductive matters was also recognized as a factor that may influence men participation in family planning. The results therefore suggest that men involvement in family planning should be encouraged through interspousal communication.