

Determinants of Alcohol Use among Female University Students in Nigeria

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ABSTRACT There has been an increasing trend of female involvement in drug use particularly alcohol consumption in Nigeria. The present study examines prevalence as well as pattern of harmful alcohol use among female undergraduate students at the University of Ibadan, Nigeria. It also documents the determinant to this harmful alcohol consumption. Five hundred and twenty-five students constituting 30.8 percent of the entire resident female students in the university got a questionnaire consisting several items assessing alcohol use disorder and other psychosocial factors filled. From this number, 285 that is, 54.2 percent satisfied cases for alcohol consumption. 87.3 percent were within the normal drinking range while 7.7 percent were hazardously drinking alcohol and five percent were harmfully abusing alcohol. Factors such as age, social anxiety and family type were found to affect this consumption pattern. Results were discussed in relation to existing literature of drug abuse in Nigeria particularly among females and a need for an urgent policy formulation regarding institutionalized female residence.