

## **Creating Futures: A New Paradigm to Revitalize Rehabilitation**

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**ABSTRACT** Like other helping professions, the field of rehabilitation has sought to restore individuals to the situation they were in prior to seeking help. A more vigorous approach to those who seek help might be to focus on their likely future, and then intervene in such ways that future opportunities for the individual are enhanced. This paradigm shift in intervention strategies could present a new and more positive approach to the field of rehabilitation as well as to other helping professions.