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Criminal Behaviour, Substance Abuse and Sexual Practices of South African Adolescent Males

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ABSTRACT Crime, alcohol abuse and unhealthy sexual practices among adolescent males have reached alarming proportion. Youth reared by uninvolved and unemployed parents, or nurtured in dysfunctional families or child-headed households, tend to belong to gangs and violate the right of others. By employing systematic review as a form of methodology to investigate these phenomena, the researchers explored various books, dissertations and internet journals. The aim of this paper is to suggest multiple approaches that may educate adolescent males about the effects of rape and violence. Grounded in social-disorganization, social learning and super-trait theories, the findings revealed that adolescent males become susceptible to imprisonment, sexually transmitted infections and impaired psychological well-being. With the new drug called “nyaope”, the following symptoms are noticeable: poor concentration, erectile dysfunction and depression. The recommendations are that: parents, schools and government should be engaged in awareness campaigns and workshops to advocate drug-free life.