



Correlating Demographic Variables with Occupational Stress and Coping Strategies of Pre-School Educators: A Literature Review

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ABSTRACT The present study draws from an on-going study on the effects of demographic variables on work stimulated stressors and coping strategies among pre-school educators. The initial findings suggested that no study was found to have jointly taken-up the relationship between the demographic variables and work-related stressors. Findings also suggested that no attention is being given to the events of stress among pre-school educators in South Africa. The researchers contend that without jointly investigating the association between stress and teachers' race, age, marital status, gender, qualifications and location of school, discussions on how these variables impact the psychosocial wellbeing of teachers would remain speculative. The current research expected to obtain empirical evidences relevant to impact policies on the psychosocial wellbeing of preschool educators in South Africa.