

Adjustment, Self-efficacy and Psychosocial Competency of Drug Addicted Adolescents

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KEYWORDS Adjustment. Self-Efficacy. Psychosocial Competency

ABSTRACT The present study focuses on the impact of addictive behaviour of adolescents on their adjustment, self-efficacy and psychosocial competency. To explore this objective a sample of 40 drug addicted adolescents and 40 adolescents who were not addicted to drugs were selected from Mapusa and surrounding area of Goa state. The subjects were administered the Adjustment Inventory and the Psychosocial Competence Scale. The results revealed that drug addicted adolescents differed significantly from those who were not addicted to drugs in their adjustment, self-efficacy and psychosocial competence. More specifically drug addicted adolescents have shown significantly lower adjustment in terms of home, social, emotional and educational when compared to those adolescents who were not addicted to drugs. Similarly, drug addicted adolescents have shown significantly lower self-efficacy than their counterparts. Finally, drug addicted adolescents are also found to have lower psychosocial competency in terms of problem solving, decision- making, critical thinking, creative thinking, empathy, self-awareness, coping with emotions, coping with stress, interpersonal relationships, effective communication as well as overall compared to those adolescents who are not addicted to drugs.