

Mental Health Status of Children of Kashmir: A Study from Anantnag District

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ABSTRACT The present study has been undertaken to assess mental health among children (12 -18 yrs) from 'intact' and 'disrupted' families of Kashmir belonging to district Anantnag and to study gender based differences in mental health status. The sample comprised 60 children from intact families (30 girls and 30 boys) and 60 children from disrupted families (30 girls and 30 boys). The tool used for the study was "Mental Health Battery." The findings revealed that children from 'disrupted' families have lower mental health status as compared to those from 'intact' families. Higher mental status was found among boys as compared to girls. Two way ANOVA reveals significant family and gender type differences between children from 'intact' and 'disrupted' families. Results obtained from "t" test also showed significant inter and intra group differences.