

Emotional Intelligence and Social Adaptation of School Children

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ABSTRACT The present study was carried out in Hisar district of Haryana in the year 2010 with an objective to find out the emotional intelligence level of school children and its relation with their adjustment. A total of 120 children falling in the age group of 16 to 18 years, 60 each from randomly selected school of urban and rural area were selected for the present study. Further thirty children, equally representing both the sexes, were considered on random basis. Adjustment of the children was taken as dependent variable, whereas, emotional intelligence, personal and socio-economic variables were considered as independent variables. Majority of the respondents had normal to high emotional intelligence and average to excellent adjustment. Urban children comparatively had slightly better emotional intelligence and adjustment against rural children. The emotional intelligence had significant positive relationship with adjustment of children. Caste, income and father's occupation were main contributing factors in deciding the emotional intelligence and adjustment of respondents.