

Personality Profile of Individual Having Mental Health Problems (V): A Rorschach Investigation

Megha Singh*, Jaya Chauhan and Pallavi Bhatnagar****

**Department of Psychology, Lucknow University, Lucknow, Uttar Pradesh, India*

*E-mail: *megha_singh297@yahoo.co.in, #< dr.pallavib@gmail.com>*

***SWASTI Society for Mental Health and Counselling, Lucknow, Uttar Pradesh, India*

E-mail: swastimhcc@bsnl.in

KEYWORDS Object Relations. Rorschach. Lerner's Scoring System. Core Character. Melanie Klein

ABSTRACT The "object" of an instinct is the agent through which the instinctual aim is achieved and the agent is usually conceived as being another person. The present study is an attempt to explore the personality profile of V (having mental health problems) within the framework of object relations theory. V is a 26-year-old Indian female. She was going through marital separation at the time of testing. V gave a total of 26 responses on the Rorschach cards. The core character of Obsessive-Compulsive personality is clearly visible in her responses with sub-features of depressive and schizoid personality. Her thought organization features fragmented approach. V relates better with non-humans than humans. Her view of the world is reality tuned but she oscillates between withdrawal into fantasy and reality. Her internal self-object relations tend to be fluid and fused.