

Home Environment and Psychosocial Competence of Adolescents

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ABSTRACT Present study is an attempt to study the impact of home environment on the psychosocial competence of adolescents. Data were collected from 100 adolescents studying in IX and X standards in English medium high schools of Dharwad. Home environment was assessed by using Mishra's Home Environment Inventory(1989), psychosocial competence was measured using Dindigal and Aminabhavi's Psychosocial Competence Scale(2007). Results revealed that adolescents with high control, social isolation, deprivation of privileges and rejection at home have shown significantly lower problem solving, decision making, coping with emotion, coping with stress and overall psychosocial competence. Children with high protectiveness, punishment, conformity, reward, nurturance and permissiveness have better empathy, critical thinking, empathy, self-awareness, coping with stress, interpersonal relations and effective communication as well as overall psychosocial competence. Findings of the study reveal the significance of home environment in the development of life skills.