

## Life Satisfaction during COVID-19

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**KEYWORDS** Life Satisfaction. Marital Satisfaction. Mental Health. Pandemic. Physical Health

**ABSTRACT** As COVID-19 is still ravaging across the world, researchers are frantically examining the positive and negative impacts of the pandemic across the world. Amidst the encouraging signs of nature reclaiming itself, it would be interesting to estimate the levels of life satisfaction among the people. This descriptive study examined the life satisfaction of 275 respondents from Tamilnadu, the southernmost state of India. The respondents were selected using a multi-stage sampling technique. The study found that life satisfaction was highly prevalent amongst the respondents. COVID-19 had also brought families together and had confined people to the safety of their homes. The study also found that marital satisfaction, physical health and mental health were associated with life satisfaction. Physical health was found to be associated with social participation, mental health, and marital satisfaction implying that health is wealth. The study found no significant differences in life satisfaction across the demographic and socioeconomic factors.