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The Psychosocial Well-being of South African University Students Living with HIV/AIDS

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ABSTRACT Various studies on HIV/AIDS management at institutions of higher learning have been conducted; however, there is a dearth of research on the psychosocial well-being of university students living with HIV/AIDS (SLHWA) in South Africa. Drawing from Ryff and Keyes' psychological and social well-being models as theoretical framework, this paper seeks to describe how the SLHWA deal with the pathogenic effects of stressors such as discrimination and antiretroviral treatment. By employing the systematic review as a form to collect data, the researchers explored journals and dissertations which addressed the phenomena. The literature findings showed that the flourishing SLHWA tend to demonstrate self-acceptance, autonomy and purpose in life, as compared to their languishing counterparts who lack sexual self-efficacy due to inadequate social support. In conclusion, this paper recommends the collaborative approach amongst different stakeholders such as HEAIDS and Health Department to enhance transformative social justice because HIV/AIDS is a public health concern.