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Effect of Family Type on Emotional Maturity of Adolescents

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ABSTRACT The current study assessed and compared the emotional maturity of 320 senior secondary school students across different family type from both Uttarkashi and U.S Nagar districts of Uttarakhand. Adolescents between the age ranges of 16 to 20 years were selected using Simple Random Sampling without Replacement. Self-designed socio-demographic questionnaire and Emotional Maturity Scale was used to study the socio-demographic characteristics and emotional maturity of respondents, respectively. Z-test was employed to find out the significance across different family type and emotional maturity of respondents. Results revealed that adolescents from joint families were more emotionally progressive, socially well adjusted, had adequate personality and were independent than those from nuclear families. The prominent reason for a significant difference in emotional maturity across family setup was observed to be family composition, climate and traditions, and confounding factors.