

Indigenous Knowledge and Biodiversity for Sustainable Food Security in South Africa

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ABSTRACT This was an investigation into the role of African indigenous knowledge systems and biodiversity in food security and nutrition. Both primary and secondary sources were used in the research process. Cases from South Africa and KwaZulu-Natal (KZN) province were used in the discussion, especially on the contribution of rural women as subsistence farmers and custodians of IK for biodiversity management. Their knowledge of biodiversity conservation and postharvest for food security tend to be undervalued in research and policy development. It is therefore suggested that in designing food security strategies and policies, this limitation need to be taken seriously.