

Bio-cultural Aspects of the Meitei Women Football Players of Manipur

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ABSTRACT This paper attempts to study the bio-cultural aspects of the Meitei women football players of Manipur based on 27 anthropometric variables and some socio-economic parameters from a total of 138 women of whom 38 individuals are regular playing football players of state to international level, while the rest 100 were the non- athlete controlled group. A trend of higher number of players from the bigger family size groups and moreover, maximum of them being belonged to the lowest income group have been observed. The football players have significantly broader bi-trochanteric, bi-iliocristale breadths and much larger girths of neck, upper arm, fore arm, thigh and calf, and also lean body mass than the controlled group. Discussions have been made on the football players in the light of their physical structure, exercise, and the socio-cultural background of the Meitei society.