

Evaluation of National Nutritional Anaemia Control Programme in Dharwad (Karnataka)

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ABSTRACT National nutrition anaemia control programme at Dharwad taluk was evaluated by interviewing the health functionaries and beneficiaries for knowledge and opinion using a prestructured proforma. About 11 per cent of women in reproductive age were not registered by any of the health functionaries. The iron and folic acid tablets (IFA) were not distributed regularly by the ANMS and 10 per cent subjects did not receive any tablets even once. The tablets supplied were not regularly consumed due to the side effects and blind beliefs. There is a need for nutrition education to enhance the iron intake through tablets and iron rich foods. The health functionaries were aware of potency and side effects of IFA tablets. The record maintenance and follow up of health functionaries needs to be improved in this programme.