

Ethnobiological Analysis from Myth to Science V: Thought Vibration - A Human Environmental Factor

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ABSTRACT The human mind is a miniature system of the cosmic environment as declared by the ancient Indian sage scientists. The internal conditions of the mind is known as *Samskaara* (mental impressions of one's last life) as well the habits of a person in the present life, both are responsible to control the vibrations in a mind; play an essential role to disturb it or enlighten it, which ultimately reflects on his environment. The Indian Yoga system, which synchronizes the process of breathing (*Praanaqyaama*) with the mental vibration makes the mind thoughtless and leads the soul towards a higher consciousness. Above all, mental pollution (thought pollution) is a great factor, which works in obscurity in the environment; needs special attention for its exact comprehension.