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Awareness Level of Adolescent Girls of Jammu Towards Sterilization

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ABSTRACT The present study was undertaken to assess the awareness level of adolescents regarding Sterilization. This study has been conducted on 400 adolescent girls (200 adolescent girls were taken from rural areas and 200 adolescent girls from urban areas of Jammu). Random sample technique was used to select the sample. For data collection, Family Planning and Birth Control Attitude Scale (FPBCAS) was used which was devised by. Rajamanickam. Chi-square values reveal that there is a significant difference in the awareness level of adolescent girls of urban and rural areas of Jammu, regarding Sterilization. But urban adolescent girls have comparatively better knowledge regarding these issues than rural adolescent girls. So there is a need to teach adolescents about these issues since ignorance perpetuates myths and mis-belief. In societies such as ours where parents do not normally discuss such matters with their children, this could be achieved by incorporating family life education/ sex education in school curricula.